



# WORKPLACE HEALTH ASSESSMENT

CREATING A CULTURE OF HEALTH AT YOUR COMPANY

SURVEY YOUR COMPANY'S HEALTH AND WELLNESS PRACTICES TO RECEIVE RECOMMENDED STRATEGIES FOR INCREASING THE EFFECTIVENESS OF CURRENT PROGRAMS, DEVELOPING TARGETED INITIATIVES TO MEET YOUR EMPLOYEES' NEEDS, AND STRENGTHENING THE CULTURE OF HEALTH IN YOUR ORGANIZATION.

**1 in 2 adults**



have been diagnosed with at least one chronic disease.<sup>1</sup>



**2 out of 3 adults** are overweight or obese.<sup>2</sup>



Men have a **1-in-2** lifetime risk & women have a **1-in-3** lifetime risk of developing cancer.<sup>3</sup>

Today, many companies offer wellness programs to their employees in an effort to improve the health and productivity of their workforce and manage health care costs. However, many are never analyzed to determine their impact. Ensuring wellness efforts are used and effective is critical to their success.

The Workplace Health Assessment provides a consistent approach to understanding your company's wellness offerings and enhancing your worksite environment by leveraging evidence-based best practices within your programs, policies, benefits, communications, and tracking efforts.

Targeted behaviors include organizational readiness, tobacco control, cancer screening, healthy eating, physical activity, and cancer care.

After completing the assessment, you will receive a customized report and wellness score. Together with your Society staff partner, you will prioritize focus areas and establish goals for improving your organization's culture of health. During implementation, your staff partner will continue to provide support and collaboration, as well as evaluation of your efforts to ensure maximum impact.

Get started by contacting your Society staff partner and scheduling your assessment today!

1. Ward BW, Schiller JS, Goodman RA. Multiple chronic conditions among US adults: a 2012 update. *Prev Chronic Dis.* 2014;11:130389. DOI: <http://dx.doi.org/10.5888/pcd11.130389>.  
2. Centers for Disease Control and Prevention. NCHS Data on Obesity. NCHS Fact Sheet Website. [http://www.cdc.gov/nchs/data/factsheets/factsheet\\_obesity.htm](http://www.cdc.gov/nchs/data/factsheets/factsheet_obesity.htm). Accessed December 20, 2013.  
3. American Cancer Society. *Cancer Facts & Figures 2015*. Atlanta: American Cancer Society; 2015.



STAY WELL | GET WELL | FIND CURES | FIGHT BACK | [CANCER.ORG](http://CANCER.ORG) | 1.800.227.2345